Springfield Primary School

HEAD TEACHER: Mrs Alison Bhardwaj BEd (Hons) NPQH
DEPUTY HEAD TEACHER: Mrs Claire Seddon
Dudley Road, Rowley Regis, West Midlands, B65 8JY
Tel: 0121 559 1333 Fax: 0121 508 6862
School website: www.springfield.sandwell.sch.uk

Friday 2nd October

Dear Parents/Carers,

As part of our commitment to supporting children's mental health and wellbeing, we will be taking part in Hello Yellow Day on Friday 9th October, ahead of World Mental Health Day on Saturday 10th October.
This year's theme, "Support starts with being heard," highlights the importance of listening to one another, showing understanding, and creating opportunities for everyone to share their thoughts and feelings. Throughout the day, children will take part in a range of age-appropriate activities that encourage discussion about mental health, wellbeing, and the importance of supporting others.
To show our support, children are invited to wear something yellow on Friday 9th October. This could be a yellow T-shirt, jumper, socks, hair accessory, or any other suitable item of clothing.
In recognition of the financial pressures many families continue to face, we will not be asking for any donations. We hope that all children will simply enjoy taking part in this important awareness day and the activities planned in school.
Thank you for your continued support. We look forward to working together to help our children understand the importance of positive mental health and wellbeing.

Yours sincerely,
Miss N Booker
Classroom Teacher/ PSHE Lead