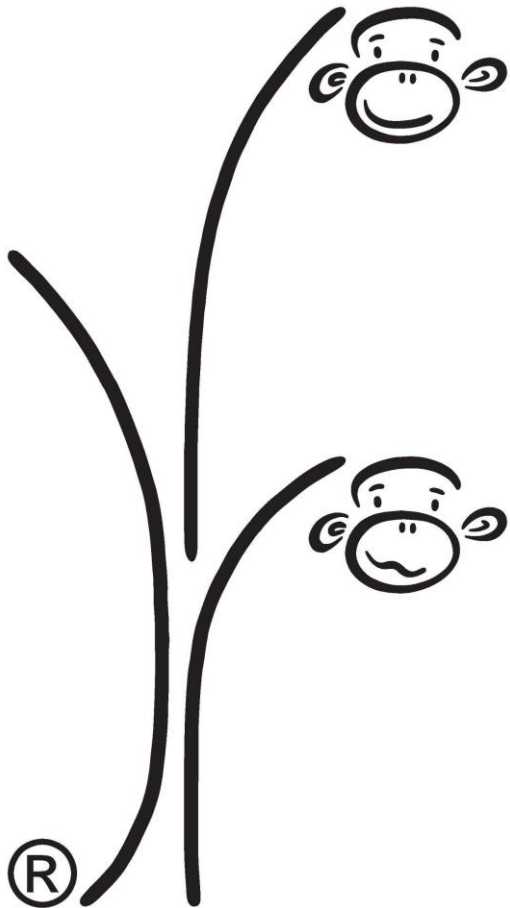




# Kinetic Letters

Kinetic Letters  
at  
Springfield Primary

Year 2 Parent Workshop  
Wednesday 10<sup>th</sup> December





# Kinetic Letters

Kinetic Letters is a handwriting scheme that aims to make handwriting automatic so all the attention of the brain can be on content.



# Kinetic Letters

## Their Aim

- The scheme aims to build strength through activities and working positions.
- Skills are developed so handwriting becomes automatic so the brain can focus on being creative.
- Age appropriate and more engaging.



# Kinetic Letters

Making Bodies Stronger

Penguin Position

Standing Tall

Arms by side

Feet Parallel



# Kinetic Letters

## Making Bodies Stronger

### Lizard Position

Laying on tummy

Feet together

Legs straight

Elbows under shoulders



# Kinetic Letters

## Making Bodies Stronger

Gorilla Position

Legs crossed

Hands on Knees

Back Straight



# Kinetic Letters

## The Six Letter Families

Jumper

h m n r b p

down bump, back up, push over

Abracadabra

c o a d g q s

pull around, down and push

Squinter

e

in the middle

Window

l i t u

down bump

Fisher

g j y f

pull around to make a tail

Slider

v w x z k

slide down



# Kinetic Letters

## Learning the Letters

Kinetic Letters is taught daily at the beginning of our English lessons

Letters are broken down and taught one at a time using 'Scared Monkey' and 'Brave Monkey'.



# Kinetic Letters

What does a Kinetic Letters lesson look like at Springfield?

1. Walk into the hall in our Penguin Positions
2. Sit in the Gorilla Position and complete some strengthening activities
3. Children lie in lizard position whilst the teacher models the correct letter formation.
4. Their turn to practise the letter on whiteboards whilst in lizard position.



# Kinetic Letters

How can you help at home?

- Support your child to hold their pencils in the correct position
- Encourage children to practice animal poses – when reading, watching tv etc
- Support children to strengthen the body by using climbing equipment, and fingers by using dough or tweezers



# Kinetic Letters

2A

Your Turn

2B

We are going to take part in a Kinetic Letters lesson in the hall.

You are going to practise writing using Kinetic Letters in the classroom.

We will swap after about 15 minutes.

h

n

m

r

b

p

We have been  
working on the  
Jumper family in  
school.

Use the sheets to  
practise each letter,  
thinking about where  
you start and finish.

## The Jumper Family Story

bounce and skip spend all day jumping down-bump from the branches of their tree!

Bounce jumps from the low branch and makes the letter trail for r, n, m and p.

But when Skip jumps down to make p, he gets a surprise! Instead of going bump, he falls on down into a pit that has a spider!

He jumps back up, pushing the cobwebs off to make the P letter trail!

Some of these letters haven't been formed correctly, can you spot any of the mistakes?

Can you copy these two sentences in your neatest handwriting?

Bounce and Skip spend all day jumping down-bump from the branches of their tree! Bounce jumps from the high branch and makes the letter trail for h and b.

Thank you so much for  
coming! We hope you  
have found it useful.