

Springfield EYFS Intimate Care Policy

Intention

At Springfield Primary School, we promote and support the independence of every child. Our expectation is that children will manage their own personal care, and toileting needs whilst in attendance at our setting to the best of their ability. We understand that children are at different development stages and unless there are any medical or developmental reasons why this would not be appropriate, we work in partnerships with parents to support children towards independent toilet training.

As a school, we aim to be inclusive to all children and to consider the individual needs of each child. We see toilet training as a self-care skill that all children should have the opportunity to learn through the full support of adults and we work in partnership with parents to support children in gaining the skills they need to become independent.



Implementation

The policy will be used when supporting children requiring nappy changing and other related personal care tasks. It has been written to ensure that best practice is always carried out and that procedures followed, comply with the legal requirements of the Early Years Foundation Stage Statutory Framework.

At every stage the child should be treated with dignity and care.

Impact

Children will be supported at school to gain the skills needed to become fully toilet trained and independent when taking care of their personal needs, working in partnership with parent and carers.

Aims

- To ensure that children in our care are always comfortable and happy.
- To safeguard the rights and promote the welfare of children.
- To provide guidance and reassurance to staff who are required to change children.
- To assure parents/carers that staff are knowledgeable about personal care and that their child's individual needs are considered.
- To protect children from discrimination and ensure the inclusion of all.

Basic Principles

At Springfield Primary School, staff will follow key principles when changing a child's nappy. Children have the right to feel safe and secure. Children will be respected and valued as individuals. Children have the right to privacy/dignity. To promote and develop greater independence, children need to be supported in their understanding of toileting procedures.

To ensure children are comfortable and happy, nappies will be checked at regular intervals and promptly changed when required (i.e. when wet or soiled).

Vulnerability to Abuse

As a Primary School with Early Years provision, we ensure that all staff are familiar with our Safeguarding Policy as well as our procedures to help develop each child's resilience and protect them from any form of abuse.

It is important that children are changed in a reassuring and caring way by staff. It is important that we signal our intention to change a child's nappy before doing so, ensuring that the child understands and anticipates what is going to happen, as appropriate to their level of development. This might be a familiar word or picture symbol. This helps give children the important message that not just anyone can pick them up, take them off and undress them.

Staff should always change children in the nappy-changing area or suitable environment. While allowing for privacy, these areas are not locked. This is part of making sure that there is a culture of openness which safeguards children and ensures all adults follow safe working practices.

Working with Parents/Carers

We will work with parents/carers when developing a child's nappy changing / pull up / toilet training routine. We will tell you the names of the staff who will change your child's nappy or pull-up. Where parents/carers are present, e.g. during the settling in period, they will be asked to change their child's nappy. If a child has any disability or medical need that may affect their personal care routine, a Health Care Plan will be drawn up in agreement with parents/carers. Parents will be asked when their child first starts at Springfield Primary School, whether they have any needs or any special words or actions, used during their nappy changing procedure. Any significant observations made during a nappy changing procedure will be notified to the parents/carers at the end of the session (i.e. badly soiled nappy/strong urine etc.) If a child is unduly distressed about having their nappy changed, parents/carers will be contacted to discuss the matter, and a plan will be put into place.

Protection for Staff

Nappy changing procedures will be carried out by a member of staff who has been DBS checked. Protection for that person will be undertaken in the following ways: Staff will be trained in good working practices which comply with Health and Safety regulations. Staff will discreetly inform other members of staff that they are taking a child to change. Each instance of intimate care will be recorded by the adult completing it. Details will include what personal tasks were carried out and by whom, and the time and date it was completed. If a situation occurs that causes a member of staff concern, a second member of staff will be called and the incident reported to the line manager and recorded. Where staff are concerned about a child's actions or comments, whilst carrying out a personal care procedure, this will be recorded and discussed with Springfield Primary School's designated safeguarding lead (DSL) immediately. Staff will be specifically trained around Intimate/Personal care for children with specific needs.

Changing procedure followed by staff

- If a child is unable to be changed whilst standing, staff will prepare the changing mat by cleaning it with antibacterial spray/wipe.
- Ensure the following items are ready before changing a child's nappy; clean nappy/pull-up and wipes.
- Approach the child and say or sign that it is time for a nappy change. Sometimes the child will tell you when their nappy needs changing.
- Put on a pair of disposal gloves and a disposal apron (NB – staff must put on a fresh pair of gloves and fresh apron for every child that has had a nappy changed).
- Remove the child's clothing to access the nappy. Try to encourage the child to help as much as possible.
- The staff member will then remove the child's nappy and clean the area, always from front to back using wipes provided by parents/carers. The staff member must ensure the child is clean and comfortable by putting on a clean nappy and if required, a clean set of clothes.
- If the child's clothes are soiled, they should be bagged separately and sent home, they should not be rinsed by hand.
- All nappies whether wet or soiled should be placed into nappy bags provided by the parents/carers and disposed of in a nappy waste receptacle.
- The staff member must then place the used gloves and used apron in the bin provided and wash their hands with liquid antibacterial soap and running water for two minutes and dry them on a disposable paper towel.
- Clean the nappy changing mat, surrounding area and underneath the mat with antibacterial spray/wipe before leaving to dry.

Toilet Trained/Training

If a child is old enough to meet his/her own toileting needs, the staff member can support the child according to age and ability, to use a toilet, ensuring that they are comfortable, clean and dry and have washed their hands afterwards. When supporting a child that needs to be changed, the staff member will follow the points in the Changing Procedures section.

Parental Responsibilities

At Springfield Primary School, we work in partnership with parents/carers and ask them to assist us by ensuring the following: Parents/carers understand and agree the procedures that will be followed when their child is changed at Springfield Primary School. Parents/carers must sign a consent form granting permission for their child's nappy to be changed. (Appendix I) Parents/carers must provide pull-ups, nappies, nappy sacks, wipes and plenty of spare clothes. It is the responsibility of parents/carers at the end of each session, when your child's bag comes home, to ensure their child has plenty of nappy changing provisions (nappies, nappy sacks and wipes) and several complete changes of clothing, in preparation for their next session.

Parents/carers understand that they will be asked to collect their child from Springfield Primary School, if their child shows symptoms of illness or indications of ill health.

Nappy changing, pull-ups and pants: Clothes Changing Agreement

To best meet the needs of your children when they are with us, we would like to set up an individual agreement between parents/carers and the school regarding intimate care. Intimate care is any care which involves washing, touching or carrying out an invasive procedure which children are unable to do for themselves, arising from the child's stage of development. Intimate care may involve helping with drinking, eating, dressing, toileting or comforting. In most cases at school intimate care will involve procedures to do with personal hygiene. Staff at Springfield Primary School, providing intimate care, are aware of the need to adhere to good Child Protection practice to minimise the risks for both children and themselves. All staff are supported and trained so that they feel confident in their practice.

NAPPY CHANGING, PULL-UP AND PANTS: CLOTHES CHANGING AGREEMENT PARENT/CARER CONSENT FORM



Name of Child _____

I have read the responsibilities and procedures outlined in this policy and risk assessment.

I agree to make every effort to toilet train my child before they attend Springfield Primary School.

I agree to work in partnership with school staff by delivering a consistent approach to toilet training in the home.

I understand that if the child cannot be wiped / cleaned, it may be necessary to call the parents to collect the child.

I understand I will be informed at the end of the day if my child has been changed and the reason / action needed.

I understand if my child has diarrhoea I will be contacted to collect them from school.

I give permission to Springfield Primary School to provide appropriate intimate care to my child.

I understand that this will be carried out by a member of Springfield Primary School.

I understand that staff of Springfield Primary School have a duty of care to report any concerns they may have under our safeguarding policy

Signed _____ Parent/Carer

Date _____