

Springfield PE Policy

Intention

At Springfield, we strive to create a culture which aims to inspire an active generation to enjoy PE. Through our wide, varied and inclusive program of PE we encourage and develop strong growth mindset, self-esteem and incorporate our school values: respect, resilience, empathy and reflection. We aim to inspire our children to enjoy PE, giving them the tools and understanding needed to make a positive impact on their own physical health and wellbeing – skills which can be built on throughout their lives. Children are taught to observe and recognise the importance of: fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. Thus, embedding life-long values such as co-operation, collaboration and equity of play.



Implementation

GetSet4PE: Children at Springfield have 2 timetabled PE lessons per week (1 lesson of PE per week in KS2 is taught by RB Gym and Sport coaches who also follow the same structure and scheme). Structure of PE lessons are provided by GetSet which is a scheme purchased to support teaching of PE lessons at Springfield. The lessons plans are broken down into separate lessons ranging from 6 – 12 lessons depending on the unit. Each lesson has set objectives and outcomes with each lesson working towards the outcome. Units are spread across each term where there are only 6 lessons the class teacher should use the extra lessons to teach further knowledge and skills that can be applied to further develop sporting performance.

Assessment: Assessment of PE at Springfield is to be completed on GetSet's assessment tool. The class teacher is to assess their class on GetSet using the assessment criteria for the unit which is on the PE curriculum area and complete assessment at the end of their unit. There is 3 symbols for assessment which staff are to use:

◀ is working towards the expected standard (indicates that a pupil will not always consistently demonstrate the criteria required).

= is working within the expected standard (indicates that a pupil demonstrates attainment of all of the criteria within the standard).

▶ is working beyond the expected standard (indicates that a pupil demonstrates all of the criteria within the standard and beyond).

Competitive Sports: Children engage with a variety of areas in PE, specific areas are repeated throughout the whole school PE curriculum to allow the children to have a confident and in depth understanding when they have completed the PE curriculum. Where possible children will engage with competitions in a range of sports and after school clubs are tailored to the upcoming competitions provided by the School Games or Local Authority organised competitions.

Health and Wellbeing – Links RHE and Science curriculum around healthy bodies and healthy eating and diet.

Health and Safety – Springfield complies with legislation and guidance from AfPE (Association for PE).

After School Clubs – As a school we offer free dinner time and after school clubs run by RB Gym and Sport which give children the opportunity to experience a range of sporting areas and further develop their skills, where possible the attendees of these clubs will be given an opportunity to represent the school at School Games competitions.

Active Lunch Times – Boom Boxes to encourage dance and collaborative skills. KSI activity track/playground games to build on fundamental movement skills and coordination. Dinner time equipment boxes provided to encourage movement and support PE skills with Sports Leaders to monitor, maintain and order replacement equipment. PlayMaker awards completed with Y5 children to enable them to engage children in Y1, Y2, Y3 and Y4 during dinner time play – PlayMakers are provided with folders with games to inspire play.

Impact

When children leave Springfield, we want them to have developed a love of sport and being physically active. The children should leave with a secure and in-depth understanding of a range of different areas of PE where they are able to perform a variety of skills, implement these in performance and be able to create tactics, strategies and analyse performance. Through competitive sports they will build and develop a strong growth mindset and the correct sporting values needed to participate in a range of sporting events. Children should be able to discuss how to maintain a healthy active lifestyle, balanced diet and also ensure that they can discuss how to keep their bodies healthy.