

Springfield PSHE/RHE Policy

Intention

Our intent at Springfield Primary School is that all children recognise the importance of PSHE/RHE in every aspect of daily life. We want them to understand the link between a healthy body and healthy mind and the impact this has on themselves and others. We intend to provide them with the knowledge, skills and attributes to make informed decisions and choices both now and in the future. We promote equality of opportunity so that all pupils can thrive together, celebrating their own success and individuality. All of which will result in our children being considerate, respectful and tolerant members of the community with high aspirations for themselves and others both now and in the future.



Implementation

PSHE

PSHE is taught through the Healthy Mind, Happy Me scheme; it is a spiral curriculum designed to support wellbeing and mental health. Children from reception to year six are taught weekly as a whole class.

RHE

RHE is taught through the Christopher Winter Project scheme. There are six Relationship Education lessons and six Drugs and Alcohol lessons which will be taught throughout the year from year one to year six.

First Aid is taught through the St John Ambulance scheme. All key stage 2 pupils are taught two basic first aid lessons; in addition, each year group will be taught a first aid topic.

Online Safety is taught through the National College, Online Safety scheme. Children from reception to year six will be taught one topic of online safety.

Theme Days

Throughout the year various theme days will take place to acknowledge and discuss different charities, events and occasions linked to PSHE/RHE.

Assembly

Assemblies are linked to the school values which are taught through PSHE/RHE lessons.

Impact

Children will be able to understand the importance of mental health and wellbeing.

This focus will enable the children to identify feelings and emotions in themselves and others. Children at Springfield will be able to identify healthy relationships in all context and will know who/where to ask for help. In theory, children will understand the developmental stages of childhood and will know the importance of physical health and the impact this has on wellbeing. The focus theme days will result in our children displaying empathy, respect, resilience and reflection.