

Springfield PSHE/RHE Policy

Intention

Our intent at Springfield Primary School is that all children recognise the importance of PSHE/RHE in every aspect of daily life. We want them to understand the link between a healthy body and healthy mind and the impact this has on themselves and others. We intend to provide them with the knowledge, skills and attributes to make informed decisions and choices both now and in the future. We promote equality of opportunity so that all pupils can thrive together, celebrating their own success and individuality. All of which will result in our children being considerate, respectful and tolerant members of the community with high aspirations for themselves and others both now and in the future.



Implementation

PSHE/RHE

PSHE and RHE are delivered through the PSHE Association Programme of Study, ensuring a progressive, age-appropriate and comprehensive curriculum that meets statutory requirements and supports pupils' personal development. Learning is carefully sequenced across year groups to develop pupils' knowledge, skills and attributes in the areas of health and wellbeing, relationships, and living in the wider world. As a UNICEF Rights Respecting School Silver Award holder, children's rights are embedded throughout our curriculum and school ethos. Our PSHE/RHE provision promotes respect, dignity, equality, participation and responsibility, helping pupils to understand both their rights and the rights of others. Through this rights-based approach, pupils are encouraged to become confident, respectful and active citizens who can contribute positively to their school community and wider society.

Theme Days

Throughout the year various theme days will take place to acknowledge and discuss different charities, events and occasions linked to PSHE/RHE.

Assembly

Assemblies are linked to the school values and the Rights which are taught through PSHE/RHE lessons.

External Professionals

External agencies and professionals, such as School Nurses, support the delivery of some PSHE/RHE topics within the curriculum.

Impact

Children will be able to understand the importance of mental health and wellbeing.

This focus will enable the children to identify feelings and emotions in themselves and others. Children at Springfield will be able to identify healthy relationships in all context and will know who/where to ask for help. In theory, children will understand the developmental stages of childhood and will know the importance of physical health and the impact this has on wellbeing. The focus theme days will result in our children displaying empathy, respect, resilience and reflection.